

Weekly Program Grid

Community (Public Access) channel

Comcast Ch. 1076 & VTel ch. 166 (also streaming on okemovalley.tv)

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Time	Saturday	Time
12:00 AM	Arts & Culture programming	Ludlow Baptist Church	GMALL Lecture Series	Vermont Media Exchange Showcase	GMUHS Basketball	Local History programming	12:00 AM	Story Time	12:00 AM
12:30 AM							12:30 AM	12:30 AM	
1:00 AM	Calvary Church	Local Variety	Sustainable Woodstock Green Drinks	GMALL Lecture Series	Local Concert	St. James United Methodist Church	1:00 AM	GMUHS Basketball	1:00 AM
1:30 AM							1:30 AM	1:30 AM	
2:00 AM	Vermont Media Exchange Showcase	St. James United Methodist Church	Local Variety	GMALL Lecture Series	Catholic Mass	Story Time / short video block	2:00 AM	Local Variety	2:00 AM
2:30 AM							2:30 AM	2:30 AM	
3:00 AM	Ludlow Baptist Church	Keeping Up with Senior Solutions	GMUHS Basketball	Yoga with Liza	Ludlow Baptist Church	Local Concert	3:00 AM	Local History programming	3:00 AM
3:30 AM							3:30 AM	3:30 AM	
4:00 AM	Catholic Mass	Story Time / Short Video Block	Vermont Media Exchange Showcase	Calvary Church	Local Variety	Calvary Church	4:00 AM	Yoga with Liza	4:00 AM
4:30 AM							4:30 AM	4:30 AM	
5:00 AM	St. James United Methodist Church	Local History programming	Ludlow Baptist Church	GMUHS Basketball	Local History programming	Local History programming	5:00 AM	Catholic Mass	5:00 AM
5:30 AM							5:30 AM	5:30 AM	
6:00 AM	Arts & Culture programming	Ludlow Baptist Church	GMALL Lecture Series	Vermont Media Exchange Showcase	Local Concert	St. James United Methodist Church	6:00 AM	Story Time	6:00 AM
6:30 AM							6:30 AM	6:30 AM	
7:00 AM	Calvary Church	Local Variety	Sustainable Woodstock Green Drinks	GMALL Lecture Series	Local Concert	Arts & Culture programming	7:00 AM	GMUHS Basketball	7:00 AM
7:30 AM							7:30 AM	7:30 AM	
8:00 AM	Vermont Media Exchange Showcase	St. James United Methodist Church	Local Variety	GMALL Lecture Series	Catholic Mass	Arts & Culture programming	8:00 AM	Local Variety	8:00 AM
8:30 AM							8:30 AM	8:30 AM	
9:00 AM	Ludlow Baptist Church	Keeping Up with Senior Solutions	GMUHS Basketball	Yoga with Liza	Ludlow Baptist Church	Local Concert	9:00 AM	Local History programming	9:00 AM
9:30 AM							9:30 AM	9:30 AM	
10:00 AM	Catholic Mass	Story Time / Short Video Block	Vermont Media Exchange Showcase	Calvary Church	Local Variety	Calvary Church	10:00 AM	Yoga with Liza	10:00 AM
10:30 AM							10:30 AM	10:30 AM	
11:00 AM	St. James United Methodist Church	Local History programming	Ludlow Baptist Church	GMUHS Basketball	Local History programming	Local History programming	11:00 AM	Catholic Mass	11:00 AM
11:30 AM							11:30 AM	11:30 AM	
12:00 PM	Arts & Culture programming	Ludlow Baptist Church	GMALL Lecture Series	Vermont Media Exchange Showcase	Local Concert	St. James United Methodist Church	12:00 PM	Story Time	12:00 PM
12:30 PM							12:30 PM	12:30 PM	
1:00 PM	Calvary Church	Local Variety	GMALL Lecture Series	Vermont Media Exchange Showcase	Local Concert	Story Time / short video block	1:00 PM	GMUHS Basketball	1:00 PM
1:30 PM							1:30 PM	1:30 PM	
2:00 PM	Vermont Media Exchange Showcase	St. James United Methodist Church	Sustainable Woodstock Green Drinks	GMALL Lecture Series	Catholic Mass	Arts & Culture programming	2:00 PM	Local Variety	2:00 PM
2:30 PM							2:30 PM	2:30 PM	
3:00 PM	Ludlow Baptist Church	Keeping Up with Senior Solutions	Local Variety	GMALL Lecture Series	Ludlow Baptist Church	Local Concert	3:00 PM	Local History programming	3:00 PM
3:30 PM							3:30 PM	3:30 PM	
4:00 PM	GMUHS Basketball	Story Time / Short Video Block	GMUHS Basketball	Yoga with Liza	Local Variety	Calvary Church	4:00 PM	Yoga with Liza	4:00 PM
4:30 PM							4:30 PM	4:30 PM	
5:00 PM	Local Concert	Yoga with Liza	Vermont Media Exchange Showcase	Ludlow Baptist Church	GMUHS Basketball	Keeping Up with Senior Solutions	5:00 PM	Local Variety	5:00 PM
5:30 PM							5:30 PM	5:30 PM	
6:00 PM	Story Time	Arts & Culture Programming	GMUHS Basketball	Keeping Up with Senior Solutions	Vermont Media Exchange Showcase	Yoga with Liza	6:00 PM	Local Variety	6:00 PM
6:30 PM							6:30 PM	6:30 PM	
7:00 PM	Short Video Block	Sustainable Woodstock Green Drinks	GMUHS Basketball	Local Variety	Vermont Media Exchange Showcase	GMUHS Basketball	7:00 PM	Story Time	7:00 PM
7:30 PM							7:30 PM	7:30 PM	
8:00 PM	Yoga with Liza	Local Variety	Local Concert	Vermont Media Exchange Showcase	Short Video Block	Local Variety	8:00 PM	Arts & Culture Programming	8:00 PM
8:30 PM							8:30 PM	8:30 PM	
9:00 PM	Sustainable Woodstock Green Drinks	Local Variety	Arts & Culture programming	Local Concert	Vermont Media Exchange Showcase	Local History programming	9:00 PM	Local Concert	9:00 PM
9:30 PM							9:30 PM	9:30 PM	
10:00 PM	GMALL Lecture Series	Keeping Up with Senior Solutions	Local Concert	Vermont Media Exchange Showcase	Sustainable Woodstock Green Drinks	Local History programming	10:00 PM	GMUHS Basketball	10:00 PM
10:30 PM							10:30 PM	10:30 PM	
11:00 PM	GMALL Lecture Series	Keeping Up with Senior Solutions	Local Concert	Vermont Media Exchange Showcase	Sustainable Woodstock Green Drinks	Local History programming	11:00 PM	GMUHS Basketball	11:00 PM
11:30 PM							11:30 PM	11:30 PM	