

# Weekly Program Grid

## Community Access channel

Comcast Ch. 1076 & VTel ch. 166 (also streaming on okemovalley.tv)

|          | Sunday                            | Monday                            | Tuesday                         | Wednesday                       | Thursday                          | Friday                            | Saturday                          | Time                    |
|----------|-----------------------------------|-----------------------------------|---------------------------------|---------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|-------------------------|
| 12:00 AM | St. James United Methodist Church | Local Variety                     | Story Time                      | Ludlow Baptist Church           | St. James United Methodist Church | Local Variety                     | John Specker music                | 12:00 AM                |
| 12:30 AM |                                   |                                   | United Church of Ludlow         |                                 |                                   |                                   | Youth Sports                      | 12:30 AM                |
| 1:00 AM  | Ludlow Baptist Church             | United Church of Ludlow           | Local History                   | Story Time                      | Average Daves TV & Movie Talk     | Local History                     | Stuck in Vermont                  | 1:00 AM                 |
| 1:30 AM  | John Specker music                |                                   |                                 | Yoga with Liza                  |                                   |                                   | 1:30 AM                           |                         |
| 2:00 AM  | United Church of Ludlow           | Local Concert                     | Catholic Mass                   | United Church of Ludlow         | Story Time                        | Ludlow Baptist Church             | Calvary Church                    | 2:00 AM                 |
| 2:30 AM  | Calvary Church                    |                                   | Local Variety                   |                                 |                                   |                                   | 2:30 AM                           |                         |
| 3:00 AM  | Yoga with Liza                    | Vermont Media Exchange Showcase   | Sustainable Woodstock           | Average Daves TV & Movie Talk   | Local Concert                     | Sustainable Woodstock             | St. James United Methodist Church | 3:00 AM                 |
| 3:30 AM  | Catholic Mass                     |                                   |                                 |                                 |                                   |                                   | Local Concert                     | 3:30 AM                 |
| 4:00 AM  | Local Variety                     | Calvary Church                    | Local Concert                   | Vermont Media Exchange Showcase | John Specker music                | Vermont Media Exchange Showcase   | Local Concert                     | 4:00 AM                 |
| 4:30 AM  | St. James United Methodist Church | Story Time                        |                                 |                                 |                                   |                                   |                                   | 4:30 AM                 |
| 5:00 AM  | Local Variety                     | Local Variety                     | Story Time                      | Ludlow Baptist Church           | St. James United Methodist Church | Local Variety                     | John Specker music                | 5:00 AM                 |
| 5:30 AM  |                                   | United Church of Ludlow           | United Church of Ludlow         | Story Time                      |                                   |                                   | 5:30 AM                           |                         |
| 6:00 AM  | Ludlow Baptist Church             | Local Concert                     | Local History                   | Yoga with Liza                  | Average Daves TV & Movie Talk     | Local History                     | Stuck in Vermont                  | 6:00 AM                 |
| 6:30 AM  | John Specker music                |                                   |                                 |                                 |                                   |                                   | Catholic Mass                     | United Church of Ludlow |
| 7:00 AM  | United Church of Ludlow           | Vermont Media Exchange Showcase   | Local Variety                   | Average Daves TV & Movie Talk   | Local Concert                     | Sustainable Woodstock             | Local Variety                     | 7:00 AM                 |
| 7:30 AM  | Calvary Church                    |                                   |                                 |                                 |                                   |                                   | Local Concert                     | 7:30 AM                 |
| 8:00 AM  | Yoga with Liza                    | Calvary Church                    | Sustainable Woodstock           | Vermont Media Exchange Showcase | John Specker music                | Average Daves TV & Movie Talk     | St. James United Methodist Church | 8:00 AM                 |
| 8:30 AM  | Catholic Mass                     | Story Time                        |                                 |                                 |                                   |                                   | 8:30 AM                           |                         |
| 9:00 AM  | Local Variety                     | Local Variety                     | Local Concert                   | Ludlow Baptist Church           | St. James United Methodist Church | Vermont Media Exchange Showcase   | Local Concert                     | 9:00 AM                 |
| 9:30 AM  | St. James United Methodist Church | United Church of Ludlow           | Story Time                      | Story Time                      | Average Daves TV & Movie Talk     | Local Variety                     | John Specker music                | 9:30 AM                 |
| 10:00 AM | Ludlow Baptist Church             |                                   |                                 |                                 |                                   |                                   | United Church of Ludlow           | Yoga with Liza          |
| 10:30 AM | John Specker music                | Local Concert                     | Local History                   | United Church of Ludlow         | Story Time                        | Ludlow Baptist Church             | Stuck in Vermont                  | 10:30 AM                |
| 11:00 AM | United Church of Ludlow           |                                   |                                 |                                 |                                   |                                   | Catholic Mass                     | United Church of Ludlow |
| 11:30 AM | Calvary Church                    | Vermont Media Exchange Showcase   | Local Variety                   | Average Daves TV & Movie Talk   | Local Concert                     | Sustainable Woodstock             | Local Variety                     | 11:30 AM                |
| 12:00 PM | Yoga with Liza                    |                                   |                                 |                                 |                                   |                                   | Local Concert                     | 12:00 PM                |
| 12:30 PM | Catholic Mass                     | Story Time                        | Sustainable Woodstock           | Vermont Media Exchange Showcase | John Specker music                | Average Daves TV & Movie Talk     | Local Concert                     | 12:30 PM                |
| 1:00 PM  | Local Variety                     | Local Variety                     |                                 |                                 |                                   |                                   | 1:00 PM                           |                         |
| 1:30 PM  | St. James United Methodist Church | United Church of Ludlow           | Story Time                      | Story Time                      | Average Daves TV & Movie Talk     | Local Variety                     | John Specker music                | 1:30 PM                 |
| 2:00 PM  | Ludlow Baptist Church             |                                   |                                 |                                 |                                   |                                   | United Church of Ludlow           | Yoga with Liza          |
| 2:30 PM  | John Specker music                | Local Concert                     | Local History                   | United Church of Ludlow         | Story Time                        | Local History                     | Stuck in Vermont                  | 2:30 PM                 |
| 3:00 PM  | United Church of Ludlow           |                                   |                                 |                                 |                                   |                                   | Catholic Mass                     | United Church of Ludlow |
| 3:30 PM  | Calvary Church                    | Vermont Media Exchange Showcase   | Local Variety                   | Average Daves TV & Movie Talk   | Local Concert                     | Sustainable Woodstock             | Local Variety                     | 3:30 PM                 |
| 4:00 PM  | Yoga with Liza                    |                                   |                                 |                                 |                                   |                                   | Local Concert                     | 4:00 PM                 |
| 4:30 PM  | Catholic Mass                     | Calvary Church                    | Sustainable Woodstock           | Vermont Media Exchange Showcase | John Specker music                | Average Daves TV & Movie Talk     | St. James United Methodist Church | 4:30 PM                 |
| 5:00 PM  | Local Variety                     | Story Time                        |                                 |                                 |                                   |                                   | Local Concert                     | 5:00 PM                 |
| 5:30 PM  | Story Time                        | Local Concert                     | Sustainable Woodstock           | Local History                   | United Church of Ludlow           | Yoga with Liza                    | Average Daves TV & Movie Talk     | 5:30 PM                 |
| 6:00 PM  | Youth Sports                      | Local Concert                     |                                 |                                 |                                   |                                   | 6:00 PM                           |                         |
| 6:30 PM  | Sustainable Woodstock             | Local Variety                     | Story Time                      | Local Concert                   | Story Time                        | Local Variety                     | Local Concert                     | 6:30 PM                 |
| 7:00 PM  | Local Variety                     |                                   |                                 |                                 |                                   |                                   | Local Concert                     | 7:00 PM                 |
| 7:30 PM  | Local History                     | Ludlow Baptist Church             | Story Time                      | Local Concert                   | Local Variety                     | Story Time                        | Local Concert                     | 7:30 PM                 |
| 8:00 PM  | Youth Sports                      |                                   |                                 |                                 |                                   |                                   | Local Concert                     | 8:00 PM                 |
| 8:30 PM  | Story Time                        | St. James United Methodist Church | Yoga with Liza                  | Catholic Mass                   | Youth Sports                      | St. James United Methodist Church | Local Variety                     | 8:30 PM                 |
| 9:00 PM  | Average Daves TV & Movie Talk     |                                   |                                 |                                 |                                   |                                   | Local Concert                     | 9:00 PM                 |
| 9:30 PM  | St. James United Methodist Church | Story Time                        | Vermont Media Exchange Showcase | Catholic Mass                   | Stuck in Vermont                  | United Church of Ludlow           | Ludlow Baptist Church             | 9:30 PM                 |
| 10:00 PM | Yoga with Liza                    | Local Concert                     |                                 |                                 |                                   |                                   | 10:00 PM                          |                         |
| 10:30 PM | John Specker music                | Average Daves TV & Movie Talk     | Calvary Church                  | Stuck in Vermont                | John Specker music                | Local Variety                     | John Specker music                | 10:30 PM                |
| 11:00 PM | Catholic Mass                     | Stuck in Vermont                  |                                 |                                 |                                   |                                   | 11:00 PM                          |                         |
| 11:30 PM | John Specker music                | Calvary Church                    | John Specker music              | John Specker music              | John Specker music                | John Specker music                | Local Variety                     | 11:30 PM                |