

		Weekly Program Grid		Community Access channel		Comcast Ch. 1076 & VTel ch. 166 (also streaming on okemovalley.tv)			
		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Time
12:00 AM		Local Variety	Youth Sports	St. James United Methodist Church	Local Concert	The Tasty Twist with Sammy B	Local Concert	Youth Sports	12:00 AM
12:30 AM				United Church of Ludlow		12:30 AM			
1:00 AM		The Tasty Twist with Sammy B	Local Variety	Average Daves TV & Movie Talk	Local Variety	Local Variety	Average Daves TV & Movie Talk	Sustainable Woodstock	1:00 AM
1:30 AM				St. James United Methodist Church		1:30 AM			
2:00 AM		St. James United Methodist Church	Stuck in Vermont	Catholic Mass	United Church of Ludlow	Sustainable Woodstock	The Tasty Twist with Sammy B	Local Concert	2:00 AM
2:30 AM				Story Time		2:30 AM			
3:00 AM		Calvary Church	Vermont Media Exchange Showcase	Sustainable Woodstock	The Tasty Twist with Sammy B	Calvary Church	Vermont Media Exchange Showcase	Calvary Church	3:00 AM
3:30 AM				United Church of Ludlow		3:30 AM			
4:00 AM		Catholic Mass	Vermont Media Exchange Showcase	Youth Sports	Average Daves TV & Movie Talk	Story Time	Stuck in Vermont	Stuck in Vermont	4:00 AM
4:30 AM				Local Variety		4:30 AM			
5:00 AM		Local Variety	Youth Sports	St. James United Methodist Church	Local Concert	The Tasty Twist with Sammy B	Local Concert	Youth Sports	5:00 AM
5:30 AM				United Church of Ludlow		5:30 AM			
6:00 AM		The Tasty Twist with Sammy B	Local Variety	Average Daves TV & Movie Talk	Local Variety	St. James United Methodist Church	Average Daves TV & Movie Talk	Sustainable Woodstock	6:00 AM
6:30 AM				St. James United Methodist Church		6:30 AM			
7:00 AM		The Tasty Twist with Sammy B	Local Variety	Catholic Mass	United Church of Ludlow	Sustainable Woodstock	The Tasty Twist with Sammy B	Local Concert	7:00 AM
7:30 AM				St. James United Methodist Church		7:30 AM			
8:00 AM		St. James United Methodist Church	Stuck in Vermont	Sustainable Woodstock	The Tasty Twist with Sammy B	Calvary Church	Vermont Media Exchange Showcase	Calvary Church	8:00 AM
8:30 AM				Story Time		8:30 AM			
9:00 AM		Calvary Church	Vermont Media Exchange Showcase	Youth Sports	Average Daves TV & Movie Talk	Story Time	Vermont Media Exchange Showcase	Story Time	9:00 AM
9:30 AM				United Church of Ludlow		9:30 AM			
10:00 AM		Catholic Mass	Vermont Media Exchange Showcase	St. James United Methodist Church	Local Concert	The Tasty Twist with Sammy B	Local Concert	Youth Sports	10:00 AM
10:30 AM				United Church of Ludlow		10:30 AM			
11:00 AM		Local Variety	Youth Sports	St. James United Methodist Church	Local Concert	Average Daves TV & Movie Talk	Local Concert	Youth Sports	11:00 AM
11:30 AM				United Church of Ludlow		11:30 AM			
12:00 PM		Local Variety	Youth Sports	St. James United Methodist Church	Local Concert	The Tasty Twist with Sammy B	Local Concert	Youth Sports	12:00 PM
12:30 PM				United Church of Ludlow		12:30 PM			
1:00 PM		The Tasty Twist with Sammy B	Local Variety	Average Daves TV & Movie Talk	Local Variety	St. James United Methodist Church	Average Daves TV & Movie Talk	Sustainable Woodstock	1:00 PM
1:30 PM				St. James United Methodist Church		1:30 PM			
2:00 PM		St. James United Methodist Church	Stuck in Vermont	Catholic Mass	United Church of Ludlow	Sustainable Woodstock	The Tasty Twist with Sammy B	Local Concert	2:00 PM
2:30 PM				Story Time		2:30 PM			
3:00 PM		Calvary Church	Vermont Media Exchange Showcase	Sustainable Woodstock	The Tasty Twist with Sammy B	Calvary Church	Vermont Media Exchange Showcase	Calvary Church	3:00 PM
3:30 PM				United Church of Ludlow		3:30 PM			
4:00 PM		Catholic Mass	Vermont Media Exchange Showcase	Youth Sports	Average Daves TV & Movie Talk	Story Time	Stuck in Vermont	Stuck in Vermont	4:00 PM
4:30 PM				Local Variety		4:30 PM			
5:00 PM		Youth Sports	Sustainable Woodstock	St. James United Methodist Church	Local Concert	Average Daves TV & Movie Talk	Local Concert	Youth Sports	5:00 PM
5:30 PM				United Church of Ludlow		5:30 PM			
6:00 PM		Youth Sports	Sustainable Woodstock	St. James United Methodist Church	Local Concert	The Tasty Twist with Sammy B	Local Concert	Youth Sports	6:00 PM
6:30 PM				United Church of Ludlow		6:30 PM			
7:00 PM		The Tasty Twist with Sammy B	Local Variety	Average Daves TV & Movie Talk	Sustainable Woodstock	Local Variety	Local Variety	Local Variety	7:00 PM
7:30 PM				St. James United Methodist Church		7:30 PM			
8:00 PM		Vermont Media Exchange Showcase	Local Concert	The Tasty Twist with Sammy B	Vermont Media Exchange Showcase	The Tasty Twist with Sammy B	Youth Sports	St. James United Methodist Church	8:00 PM
8:30 PM				United Church of Ludlow		8:30 PM			
9:00 PM		St. James United Methodist Church	Stuck in Vermont	Catholic Mass	Youth Sports	Calvary Church	Average Daves TV & Movie Talk	Average Daves TV & Movie Talk	9:00 PM
9:30 PM				Story Time		9:30 PM			
10:00 PM		Sustainable Woodstock	Calvary Church	St. James United Methodist Church	Youth Sports	Local Variety	United Church of Ludlow	Stuck in Vermont	10:00 PM
10:30 PM				United Church of Ludlow		10:30 PM			
11:00 PM		Sustainable Woodstock	Calvary Church	Stuck in Vermont	Youth Sports	Local Variety	United Church of Ludlow	Calvary Church	11:00 PM
11:30 PM				Calvary Church		11:30 PM			