

	Weekly Program Grid		Community Access channel		Comcast Ch. 1076 & VTel ch. 166 (also streaming on okemovalley.tv)							
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Time				
12:00 AM	Vermont's 100 Covered Bridges	Youth Sports	St. James United Methodist Church	Local Concert	The Tasty Twist with Sammy B	Local Concert	Youth Sports	12:00 AM				
12:30 AM	Local Variety		United Church of Ludlow					Vermont's 100 Covered Bridges	Local Variety	Average Daves TV & Movie Talk	Sustainable Woodstock	12:30 AM
1:00 AM				The Tasty Twist with Sammy B	Local Variety			Average Daves TV & Movie Talk				St. James United Methodist Church
1:30 AM	St. James United Methodist Church	Stuck in Vermont	Catholic Mass			United Church of Ludlow	Sustainable Woodstock		Vermont Media Exchange Showcase	Calvary Church	1:30 AM	
2:00 AM				Calvary Church	Story Time			Sustainable Woodstock			The Tasty Twist with Sammy B	Calvary Church
2:30 AM	United Church of Ludlow	Vermont Media Exchange Showcase	Youth Sports			Average Daves TV & Movie Talk	Story Time		Vermont's 100 Covered Bridges	Stuck in Vermont		
3:00 AM				Catholic Mass	Vermont Media Exchange Showcase			Youth Sports			Average Daves TV & Movie Talk	Story Time
3:30 AM	Vermont's 100 Covered Bridges	Youth Sports	St. James United Methodist Church			Local Concert	The Tasty Twist with Sammy B		Local Concert	Youth Sports		
4:00 AM				Local Variety	Youth Sports			St. James United Methodist Church			Local Concert	The Tasty Twist with Sammy B
4:30 AM	The Tasty Twist with Sammy B	Local Variety	United Church of Ludlow			Vermont's 100 Covered Bridges	Local Variety		Average Daves TV & Movie Talk	Sustainable Woodstock		
5:00 AM				St. James United Methodist Church	Stuck in Vermont			Average Daves TV & Movie Talk			Local Variety	St. James United Methodist Church
5:30 AM	Calvary Church	Story Time	Catholic Mass			United Church of Ludlow	Sustainable Woodstock		Vermont Media Exchange Showcase	Calvary Church		
6:00 AM				United Church of Ludlow	Vermont Media Exchange Showcase			Youth Sports			Average Daves TV & Movie Talk	Story Time
6:30 AM	Catholic Mass	Vermont Media Exchange Showcase	Youth Sports			Average Daves TV & Movie Talk	Story Time		Vermont's 100 Covered Bridges	Stuck in Vermont		
7:00 AM				Vermont's 100 Covered Bridges	Youth Sports			St. James United Methodist Church			Local Concert	The Tasty Twist with Sammy B
7:30 AM	Local Variety	Youth Sports	St. James United Methodist Church			Local Concert	The Tasty Twist with Sammy B		Local Concert	Youth Sports		
8:00 AM				The Tasty Twist with Sammy B	Local Variety			United Church of Ludlow			Vermont's 100 Covered Bridges	Local Variety
8:30 AM	St. James United Methodist Church	Stuck in Vermont	Average Daves TV & Movie Talk			Local Variety	St. James United Methodist Church		The Tasty Twist with Sammy B	Local Concert		
9:00 AM				Calvary Church	Story Time			Catholic Mass			United Church of Ludlow	Sustainable Woodstock
9:30 AM	United Church of Ludlow	Vermont Media Exchange Showcase	Youth Sports			The Tasty Twist with Sammy B	Calvary Church		Vermont's 100 Covered Bridges	Stuck in Vermont		
10:00 AM				Calvary Church	Story Time			Catholic Mass			United Church of Ludlow	Sustainable Woodstock
10:30 AM	United Church of Ludlow	Vermont Media Exchange Showcase	Youth Sports			The Tasty Twist with Sammy B	Calvary Church		Vermont's 100 Covered Bridges	Stuck in Vermont		
11:00 AM				Catholic Mass	Vermont Media Exchange Showcase			Youth Sports			The Tasty Twist with Sammy B	Calvary Church
11:30 AM	Vermont's 100 Covered Bridges	Youth Sports	St. James United Methodist Church			Average Daves TV & Movie Talk	The Tasty Twist with Sammy B		Local Concert	Youth Sports		
12:00 PM				Local Variety	Youth Sports			St. James United Methodist Church			Local Concert	The Tasty Twist with Sammy B
12:30 PM	The Tasty Twist with Sammy B	Local Variety	United Church of Ludlow			Vermont's 100 Covered Bridges	St. James United Methodist Church		Average Daves TV & Movie Talk	Sustainable Woodstock		
1:00 PM				St. James United Methodist Church	Stuck in Vermont			Average Daves TV & Movie Talk			Local Variety	St. James United Methodist Church
1:30 PM	Calvary Church	Story Time	Catholic Mass			United Church of Ludlow	Sustainable Woodstock		Vermont Media Exchange Showcase	Calvary Church		
2:00 PM				United Church of Ludlow	Vermont Media Exchange Showcase			Youth Sports			The Tasty Twist with Sammy B	Calvary Church
2:30 PM	Catholic Mass	Vermont Media Exchange Showcase	Youth Sports			The Tasty Twist with Sammy B	Calvary Church		Vermont's 100 Covered Bridges	Stuck in Vermont		
3:00 PM				Vermont's 100 Covered Bridges	Youth Sports			St. James United Methodist Church			Local Concert	The Tasty Twist with Sammy B
3:30 PM	Local Variety	Youth Sports	St. James United Methodist Church			Local Concert	The Tasty Twist with Sammy B		Local Concert	Youth Sports		
4:00 PM				The Tasty Twist with Sammy B	Local Variety			United Church of Ludlow			Vermont's 100 Covered Bridges	St. James United Methodist Church
4:30 PM	St. James United Methodist Church	Stuck in Vermont	Average Daves TV & Movie Talk			Local Variety	St. James United Methodist Church		The Tasty Twist with Sammy B	Local Concert		
5:00 PM				Calvary Church	Story Time			Catholic Mass			United Church of Ludlow	Sustainable Woodstock
5:30 PM	United Church of Ludlow	Vermont Media Exchange Showcase	Youth Sports			The Tasty Twist with Sammy B	Calvary Church		Vermont's 100 Covered Bridges	Stuck in Vermont		
6:00 PM				Catholic Mass	Vermont Media Exchange Showcase			Youth Sports			The Tasty Twist with Sammy B	Calvary Church
6:30 PM	Youth Sports	The Tasty Twist with Sammy B	Youth Sports			Average Daves TV & Movie Talk	Average Daves TV & Movie Talk		Catholic Mass	The Tasty Twist with Sammy B		
7:00 PM				Sustainable Woodstock	The Tasty Twist with Sammy B			Youth Sports			Average Daves TV & Movie Talk	Average Daves TV & Movie Talk
7:30 PM	Story Time	Sustainable Woodstock	Average Daves TV & Movie Talk			Sustainable Woodstock	Local Concert		Local Variety	Local Variety		
8:00 PM				Vermont Media Exchange Showcase	Stuck in Vermont			The Tasty Twist with Sammy B			Vermont Media Exchange Showcase	The Tasty Twist with Sammy B
8:30 PM	Vermont's 100 Covered Bridges	Vermont's 100 Covered Bridges	The Tasty Twist with Sammy B			Vermont Media Exchange Showcase	The Tasty Twist with Sammy B		Vermont's 100 Covered Bridges	St. James United Methodist Church		
9:00 PM				United Church of Ludlow	Local Concert			United Church of Ludlow			Youth Sports	United Church of Ludlow
9:30 PM	St. James United Methodist Church	Local Concert	St. James United Methodist Church			Youth Sports	Catholic Mass		Youth Sports	Average Daves TV & Movie Talk		
10:00 PM				Sustainable Woodstock	Local Concert			St. James United Methodist Church			Youth Sports	Catholic Mass
10:30 PM	Calvary Church	Calvary Church	Vermont's 100 Covered Bridges			Youth Sports	Local Variety		United Church of Ludlow	Stuck in Vermont		
11:00 PM				Sustainable Woodstock	Calvary Church			Vermont's 100 Covered Bridges			Youth Sports	Local Variety
11:30 PM	Sustainable Woodstock	Calvary Church	Vermont's 100 Covered Bridges			Youth Sports	Local Variety		United Church of Ludlow	Stuck in Vermont		